

Joyousness

By K. Brendi Poppel

Joyousness reduces stress, problems disappear,
When hearts are full of happiness, when we are of good cheer.
"Let not your heart be troubled, nor let it be afraid,"
In times of tribulation, do not be dismayed.

For Jesus came to show the way, his Spirit is our gift,
So let the light of laughter in, as sin and darkness lift,
Shift your consciousness a bit, elevate your mind,
Celebrate creatively and surely you will find ...

The burden is less burdensome, the weight is not so great,
When we lighten up our load our spirits radiate,
Don't take yourself so seriously, have fun in the Son,
God acts mysteriously and when we are as One ...

We see things in a different light, our tears are turned to laughter,
Our destiny is our delight, be happy ever after ...
A little sunshine in your soul will set your spirit free,
So let the joy of Jesus be with you through eternity ...

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